



Boston's Age Strong Commission's AUGUST 2026 MONTHLY "TO-DO"

Free events, classes & programs for Boston's older adults

Welcome to August's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the "To-Do" emailed directly to your email inbox or view it, *Boston Seniority* magazine online at: boston.gov/departments/age-strong-commission/connect-us.

See page 12 for more programming from City departments & our partners.

AGE+ | City of Boston
Age Strong Commission

Boston City Hall, Room 271
1 City Hall Square, Boston, MA 02201
617-635-4366 agestrong@boston.gov
boston.gov/age-strong



BLACK TEXT

****Age Strong Virtual Events Link:**
bit.ly/ZoomAgeStrongVirtual
***Program in both English/Spanish**

BLUE TEXT

**Jamaica Plain - Roslindale -
West Roxbury**

GREEN TEXT

**Dorchester - Mission Hill -
Roxbury - South Boston/Seaport**

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

**Allston/Brighton - Fenway -
Kenmore**

RED TEXT

**Chinatown - Downtown - Back Bay
North End - South End - West End**

SATURDAY, AUGUST 1

9:30AM-10:30AM

Tai Chi & Qigong - In Person

BPL Adams Street

690 Adams St, Dorchester

(617) 436-6900

Click [here](#) to register.

This event repeats weekly.

10AM-12PM

Citizenship Exam Prep Class - In Person

BPL East Boston

365 Bremen St, East Boston

(617) 569-0271

Click [here](#) to register.

This event repeats weekly.

10AM-4PM

City-Wide Friends Book Sale - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 859-2341

Click [here](#) for more information.

2-3PM

250 Years of American Piano Music with Classical Pianist Hua Ye - In Person

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) to register.

SUNDAY, AUGUST 2

MONDAY, AUGUST 3

11AM-1PM

Job Seekers Connection - In Person

BPL Honan-Allston

300 North Harvard Street, Allston

wnamaste@gmail.com

Click [here](#) for more information.

This event repeats weekly.

12-1PM

Talk Tax with Jill Maniacci from the IRS - Virtual

Online event

(617) 536-5400

Click [here](#) to register.

2:30-3:30PM

Weekly Chess Club for Adults - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

5:30-7:30PM

Tools of Independence: Revolutionary Approaches to Function and Freedom in Occupational Therapy - In Person

BPL Shaw-Roxbury

149 Dudley Street, Roxbury

(617) 442-6186 ext. 2443

Click [here](#) to register.

TUESDAY, AUGUST 4

11AM-12PM

ESOL Conversation Group - In Person

BPL Chinatown

2 Boylston St, Chinatown

(617) 807-8176

Click [here](#) for more information.

2:30-5PM

Knit Group! - In Person

BPL West Roxbury

1961 Centre St, West Roxbury

(617) 325-3147

Click [here](#) for more information.

This event repeats biweekly.

4-5PM

French Conversation Group - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) for more information.
This event repeats weekly.

6:30-8PM

South End Summer Concerts with Pat Loomis and Friends - In Person

BPL South End
685 Tremont St, South End
(617) 655-2441
Click [here](#) for more information.

WEDNESDAY, AUGUST 5

10:30AM-12PM

Learning English with Songs - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960
Click [here](#) to register.
This event repeats biweekly.

12:30-1:30PM

Information Session for Adult English Learners - In Person

BPL Grove Hall
41 Geneva Ave, Dorchester
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

1-2:15PM

Aligning with Abundance: A Guided Meditation - In Person

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) to register.

3-5PM

Tech Help by Appointment - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248 ext. 1056
Click [here](#) to register.
This event repeats weekly.

THURSDAY, AUGUST 6

11AM-12:30PM

English for the Workplace for Haitian Creole Speakers - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
ygachette@bpl.org
Click [here](#) to register.
This event repeats weekly.

4-5PM

Root Beer Float Social - In Person

BPL Parker Hill
1497 Tremont Street, Roxbury
(617) 427-3820
Click [here](#) for more information.

5:30-7:30PM

Adult Craft Night: Laminated Crafts - In Person

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.

6:30-7:45PM

Shut Up & Write! - In Person

BPL Brighton
40 Academy Hill Rd, Brighton
(617) 782-6032
Click [here](#) for more information.
This event repeats weekly.

FRIDAY, AUGUST 7

9:30AM-10:30AM

ESOL Conversation Club - In Person

BPL Lower Mills

27 Richmond Street, Dorchester

(617) 298-7841

Click [here](#) for more information.

This event repeats weekly.

10:30-11:30AM

Information Session for Adult English Learners - In Person

BPL Chinatown

2 Boylston St, Chinatown

(617) 859-2446

Click [here](#) for more information.

This event repeats weekly.

11:30AM-1PM

Age Strong Rotating Memory Cafe - South Boston - In Person

BPL South Boston

646 East Broadway, South Boston

(617) 635-3745

Click [here](#) for more information.

3-3:30PM

Irish Step Dance Performance - In Person

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

SATURDAY, AUGUST 8

10AM-12PM

Make Some Mail! - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

11AM-1PM

Junk Journal Circle - In Person

BPL Codman Square

690 Washington Street, Dorchester

(617) 436-8214

Click [here](#) to register.

12:30-4:45PM

Chess and Checkers with Charlie - In Person

BPL Hyde Park

35 Harvard Ave, Hyde Park

(617) 361-2524

Click [here](#) for more information.

This event repeats weekly.

2-3PM

Franklin Park Ruins Tour - In Person

Franklin Park

Pierpont Rd, Roxbury

(617) 635-7383

Click [here](#) for more information.

SUNDAY, AUGUST 9

MONDAY, AUGUST 10

11AM-12PM

Book Trivia at the West End Community Center - In Person

West End Community Center

75 Blossom Court, West End

(617) 523-3957

Click [here](#) for more information.

2-2:30PM

Information Session for Adult English Learners - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) for more information.

This event repeats weekly.

2:30PM-3:30PM

Weekly Chess Club for Adults - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly.

3-5:30PM

Puzzle Palooza - In Person

BPL Parker Hill
1497 Tremont Street, Roxbury
(617) 427-3820
Click [here](#) for more information.

TUESDAY, AUGUST 11

1-2PM

Tai Chi for Fall Prevention: Level 1 - In Person

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) to register.
This event repeats weekly.

1-2:30PM

Tuesday Games - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.
This event repeats weekly.

2-3PM

Adult Craft Time: Seashell Frames - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) for more information.

WEDNESDAY, AUGUST 12

10AM-12PM

Age Strong Memory Cafe - Codman Square - In Person

BPL Codman Square
690 Washington Street, Dorchester
(617) 635-3745
Click [here](#) for more information.

10:30AM-12:00PM

ESOL Conversation Group (Advanced Beginner and Higher) – No Sign-Up Needed - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 536-5400
Click [here](#) for more information.

2-4PM

Knitting & Crafts Circle - In Person

BPL Adams Street
690 Adams St, Dorchester
(617) 436-6900
Click [here](#) for more information.

6-7:30PM

Sip 'n' Stitch - In Person

BPL Honan-Allston
300 North Harvard Street, Allston
(617) 787-6313
Click [here](#) for more information.

THURSDAY, AUGUST 13

4:30-5:45PM

Clases de Inglés para Principiantes, Nivel 1/ Beginners English Language Class, Level 1 - In Person

BPL Connolly

433 Centre St, Jamaica Plain

(617) 859-2446

Click [here](#) for more information.

5:30-7:30PM

Name Change Clinic - In Person

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 782-6032

Click [here](#) to register.

6-7:30PM

Scrabble Club - In Person

BPL Roslindale

4246 Washington Street, Roslindale

(617) 323-2343

Click [here](#) for more information.

6:30-7:30PM

Charlestown Book Group: How Long 'til Black Future Month? by N.K. Jemisin - In Person

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) for more information.

FRIDAY, AUGUST 14

9:30AM-10:30AM

ESOL Conversation Club - In Person

BPL Lower Mills

27 Richmond Street, Dorchester

(617) 298-7841

Click [here](#) for more information.

10:30AM-12PM

Age Strong Memory Cafe - West Roxbury - In Person

BPL West Roxbury

1961 Centre St, West Roxbury

(617) 635-3745

Click [here](#) for more information.

12-1PM

PodCraft: Intro to Podcasting-Ideas & Planning - Virtual

Online event

kblic@bpl.org

Click [here](#) to register.

1-2:30PM

Piece by Piece Puzzlers - In Person

BPL Lower Mills

27 Richmond Street, Dorchester

(617) 298-7841

Click [here](#) for more information.

SATURDAY, AUGUST 15

9:30AM-3PM

Friends of the South Boston Branch Library August Book Sale - In Person

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) for more information.

11AM-12PM

Drop-In Knitting - In Person

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

This event repeats weekly.

11AM-12:15PM

Book Club Café - In Person

BPL Honan-Allston

300 North Harvard Street, Allston

(617) 787-6313

Click [here](#) for more information.

11AM-12:30PM

Crochet Club - In Person

BPL Lower Mills
27 Richmond Street, Dorchester
(617) 298-7841
Click [here](#) for more information.

SUNDAY, AUGUST 16

MONDAY, AUGUST 17

6:30-7:30 PM

West Roxbury Book Discussion - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information.

11AM-1PM

Job Seekers Connection - In Person

BPL Honan-Allston
300 North Harvard Street, Allston
wnamaste@gmail.com
Click [here](#) for more information.
This event repeats weekly.

2-2:30PM

Information Session for Adult English Learners - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

2:30PM-3:30PM

Weekly Chess Club for Adults - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly.

TUESDAY, AUGUST 18

2:15-3:15PM

Tai Chi for Fall Prevention: Level 2 - In Person

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) to register.
This event repeats weekly.

4:30-5:30PM

Drop-in Zine Making - In Person

BPL Parker Hill
1497 Tremont Street, Roxbury
(617) 427-3820
Click [here](#) for more information.

6-7PM

Word on the Street: Conserving National & Personal Histories - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2043
Click [here](#) to register.

6-7PM

**Massachusetts Law:
Landlord/Tenant Law - Virtual**
Online event
kschulenburg@bpl.org
Click [here](#) to register.

WEDNESDAY, AUGUST 19

2-3:30PM

Genealogy Club - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) for more information.

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) for more information.

4:30-5:30PM

JP Writers' Corner - In Person

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.

6-7PM

Luke Walker: Concerts in the Courtyard Series - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 536-5400
Click [here](#) for more information.

THURSDAY, AUGUST 20

2:30-5:30 PM

Chess and Checkers with Charlie - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) for more information.
This event repeats weekly.

3-4:30PM

Boston Research Center Office Hours - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 536-5400
Click [here](#) to register.

6:30-7:30PM

Nonfiction Night: Positive Obsession - In Person

BPL Brighton
40 Academy Hill Rd, Brighton
(617) 782-6032
Click [here](#) for more information.

6:30-7:45PM

Boston Armizare: Live Demonstration of Historical Fencing - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) for more information.

FRIDAY, AUGUST 21

10-11AM

Information Session for Adult English Learners - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) for more information.

10:30-11:30AM

Information Session for Adult English Learners - In Person

BPL Chinatown
2 Boylston St, Chinatown
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

1-2PM

LinkedIn Profile Set-Up (Job Search Fundamentals)- In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2211
Click [here](#) to register.

1:30-3:45PM

West Roxbury Cinema Club - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147

Click [here](#) for more information.

SATURDAY, AUGUST 22

10AM-12PM

Fiber Arts Club - In Person

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053

Click [here](#) for more information.

11AM-12PM

Hatha Yoga with Alicia Zipp - In Person

BPL Adams Street
690 Adams St, Dorchester
(617) 436-6900

Click [here](#) to register.

This event repeats weekly.

11AM-12:30PM

Research within REACH - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2000

Click [here](#) to register.

2:30-4:30PM

Reclaiming Our Story - In Person

BPL Shaw-Roxbury
149 Dudley Street, Roxbury
(617) 442-6186

Click [here](#) for more information.

SUNDAY, AUGUST 23

MONDAY, AUGUST 24

11AM-1PM

Job Seekers Connection - In Person

BPL Honan-Allston
300 North Harvard Street, Allston
wnamaste@gmail.com

Click [here](#) for more information.

This event repeats weekly.

2-2:30PM

Information Session for Adult English Learners - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 859-2446

Click [here](#) for more information.

This event repeats weekly.

2:30PM-3:30PM

Weekly Chess Club for Adults - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

4:30-5:30PM

System of a Down Listening Lounge - In Person

BPL Parker Hill
1497 Tremont Street, Roxbury
(617) 427-3820

Click [here](#) for more information.

TUESDAY, AUGUST 25

11AM-12PM

ESOL Conversation Group - In Person

BPL Chinatown
2 Boylston St, Chinatown
(617) 807-8176

Click [here](#) for more information.

1-2PM

Tai Chi for Fall Prevention: Level 1 - In Person

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) to register.

4-5PM

French Conversation Group - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) for more information.

4:30-5:30PM

A Community Meditation Circle - In Person

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.

WEDNESDAY, AUGUST 26

10:30AM-12PM

Learning English with Songs - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960
Click [here](#) to register.
This event repeats biweekly.

12:30-1:30PM

Information Session for Adult English Learners - In Person

BPL Grove Hall
41 Geneva Ave, Dorchester
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

2:00-3:15 PM

Online ESOL Conversation Group (Level 2 and Higher) - Virtual

Online event
(617) 859-2446
Click [here](#) to register.

3-5PM

Tech Help by Appointment - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248 ext. 1056
Click [here](#) to register.
This event repeats weekly.

THURSDAY, AUGUST 27

12-2PM

Tea Time - In Person

BPL Codman Square
690 Washington Street, Dorchester
(617) 436-8214
Click [here](#) for more information.

4-5:30PM

Zine Making: What Does the Declaration Mean 250 Years Later? - In Person

BPL Adams Street
690 Adams St, Dorchester
(617) 436-6900
Click [here](#) for more information.

6-7PM

Clothing Swap With Zero Waste Boston - In Person

BPL Brighton
40 Academy Hill Rd, Brighton
(617) 782-6032
Click [here](#) for more information.

6:30-7:45PM

Shut Up & Write! - In Person

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 782-6032

Click [here](#) for more information.

FRIDAY, AUGUST 28

10-11AM

Information Session for Adult English Learners - In Person

BPL Roslindale

4246 Washington Street, Roslindale

(617) 859-2446

Click [here](#) for more information.

12-1PM

Support Group For Dementia Care Partners - In Person

BCYF Roslindale

6 Cummins Highway, Roslindale

(617) 635-3745

Click [here](#) for more information.

1-2PM

Interview Prep Strategies (Job Search Fundamentals) - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 536-5400

Click [here](#) to register.

10:30AM-12:30PM

ESOL Conversation Group for Ukrainian Speakers - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 536-5400

Click [here](#) to register.

This event repeats weekly.

SATURDAY, AUGUST 29

10AM-12PM

Citizenship Exam Prep Class - In Person

BPL East Boston

365 Bremen St, East Boston

(617) 569-0271

Click [here](#) to register.

This event repeats weekly.

12:30-4:45PM

Chess and Checkers with Charlie - In Person

BPL Hyde Park

35 Harvard Ave, Hyde Park

(617) 361-2524

Click [here](#) for more information.

This event repeats weekly.

1-2:30PM

Queer Crafts - In Person

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

2-3PM

The Toni Morrison Reader: The Bluest Eye - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) for more information.

SUNDAY, AUGUST 30

MONDAY, AUGUST 31

10:30AM-12PM

Age Strong Memory Cafe - Jamaica Plain - In Person

BPL Jamaica Plain

30 South St, Jamaica Plain

(617) 635-3745

Click [here](#) for more information.

11AM-1PM

Job Seekers Connection - In Person

BPL Honan-Allston

300 North Harvard Street, Allston

wnamaste@gmail.com

Click [here](#) for more information.

This event repeats weekly.

2-2:30PM

Information Session for Adult English Learners - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 859-2446

Click [here](#) for more information.

This event repeats weekly.

2:30PM-3:30PM

Weekly Chess Club for Adults - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

Please visit other City departments & our partners for additional activities:

<u>bostonabcd.org/events</u>	617-348-6239
<u>ebsocialcenters.org/active-adults</u>	617-569-3221
<u>ethocare.org/healthy-aging-classes</u>	617-477-6616
<u>ethocare.org/services/</u>	617-477-6616
<u>fw4elders.org/what-we-do</u>	617-482-1510
<u>gbcgac.org/#services-and-programs</u>	617-357-0226
<u>hearth-home.org/events</u>	617-369-1550
<u>ibaboston.org/events</u>	617-927-1707
<u>kennedycenter.org/event-calendar</u>	617-241-8866
<u>laalianza.org/contact-us</u>	617-427-7175
<u>mabvi.org/services/assistive-technology</u>	888-613-2777
<u>operationpeaceboston.org/eventsnews</u>	617-267-1054
<u>sbnh.org/senior-services</u>	617-268-1619
<u>vietaid.org</u>	617-822-3717
<u>ymcaboston.org/events</u>	617-927-8060
<u>bpl.org/events</u>	617-536-5400
<u>boston.gov/events</u>	3-1-1

TUESDAY 8/4

10AM: Chair Yoga
11:20AM: Broadway Seated Dance
1PM: BBB
1PM: Crafting
1PM: Strong for Life

WEDNESDAY 8/4

NO
PROGRAMMING
Ethos Summer
BBQ

THURSDAY 8/6

10AM: Chair Yoga
11AM: Coffee with BPD
11:45AM: Fitness with Shelley
1PM: George Washington's Boston
2PM: Blackjack

TUESDAY 8/11

10AM: Chair Yoga
11:20AM: Broadway Seated Dance
1PM: BBB
1PM: Crafting
1PM: Strong for Life
2PM: Bingo

WEDNESDAY 8/12

9:15AM: Morning Walk
10AM: Gentle Pilates
11:20AM: Functional Movement
12:45PM: Memory Class (Registration Required)
1PM: Falls Prevention Workshop
2PM: Apples to Apples

THURSDAY 8/13

10AM: Chair Yoga
11AM: Coffee with BPD
11:45AM: Fitness with Shelley
1PM: Age Strong Volunteer Program Presentation
2PM: Bingo

TUESDAY 8/18

10AM: Chair Yoga
11:20AM: Broadway Seated Dance
1PM: BBB
1PM: Crafting
1PM: Strong for Life

WEDNESDAY 8/19

9:15AM: Morning Walk
10AM: Gentle Pilates
11:20AM: Functional Movement
12:45PM: Memory Class (Registration Required)
1PM: Trivia

THURSDAY 8/20

10AM: Chair Yoga
11AM: Coffee with BPD
11:45AM: Fitness with Carol
1PM: Presentation on Mold, Lead & Asbestos
2PM: Blackjack

TUESDAY 8/25

10AM: Chair Yoga
11:20AM: Broadway Seated Dance
1PM: BBB
1PM: Crafting
1PM: Strong for Life

WEDNESDAY 8/26

9:15AM: Morning Walk
10AM: Gentle Pilates
11:20AM: Functional Movement
1PM: Pictionary
2PM: Mindfulness Tools for Sleep

THURSDAY 8/27

MABVI by Appointment Only
10AM: Chair Yoga
11AM: Coffee with BPD
11:45AM: Fitness with Shelley
1PM: Tech Seminar
2PM: Bingo

ELKS LODGE #10

August 2026 Schedule

CITY of BOSTON

AGE+ | Age Strong Commission

1 Morrell St., West Roxbury | 617-323-1125





MONDAY 8/3

10AM: Coffee & Tea

11AM: Line Dancing

WEDNESDAY 8/5

10AM: Coffee & Tea

11AM: Financial
Freedom 101

FRIDAY 8/7

6AM: Field Trip to
Martha's
Vineyard

MONDAY 8/10

10AM: Coffee & Tea

11AM: Line Dancing

12PM: Bingocize

1PM: Crochet Class

WEDNESDAY 8/12

10AM: Coffee & Tea

11AM: Financial
Freedom 101

12PM: Art Class

1PM: Chair Yoga

MONDAY 8/17

10AM: Coffee & Tea

11AM: Line Dancing

12PM: Bingocize

1PM: Crochet Class

WEDNESDAY 8/19

10AM: Coffee & Tea

11AM: Financial
Freedom 101

12PM: Art Class

1PM: Chair Yoga

MONDAY 8/24

10AM: Coffee & Tea

11AM: Line Dancing

12PM: Bingocize

1PM: Crochet Class

WEDNESDAY 8/26

10AM: Coffee & Tea

11AM: Financial
Freedom 101

12PM: Art Class

1PM: Chair Yoga

MONDAY 8/31

10AM: Coffee & Tea

11AM: Line Dancing

12PM: Bingocize

1PM: Crochet Class

DEWITT CENTER

August 2026 Schedule

122 Dewitt Dr., Roxbury | 617-635-4366

CITY of **BOSTON**



AGE+

Age Strong
Commission



TUESDAY 8/4

10AM: Gardening

10:30AM: Quilting & Knitting

10:30AM: Tai Chi

THURSDAY 8/6

10:30AM: Line Dancing

10:30AM: Quilting & Knitting

TUESDAY 8/11

10AM: Gardening

10:30AM: Quilting & Knitting

10:30AM: Tai Chi

THURSDAY 8/13

10:30AM: Line Dancing

10:30AM: Quilting & Knitting

TUESDAY 8/18

10AM: Gardening

10:30AM: Quilting & Knitting

10:30AM: Tai Chi

THURSDAY 8/20

10:30AM: Line Dancing

10:30AM: Quilting & Knitting

TUESDAY 8/25

10AM: Gardening

10:30AM: Quilting & Knitting

10:30AM: Tai Chi

THURSDAY 8/27

10:30AM: Line Dancing

10:30AM: Quilting & Knitting



CODMAN SQUARE BRANCH *August 2026 Schedule*

BOSTON PUBLIC
LIBRARY

690 Washington St., Dorchester | 617-436-8214

CITY of BOSTON



BOSTON
PUBLIC
LIBRARY

AGE+ | Age Strong
Commission



TUESDAY 8/4

9AM: Coffee
10AM: Crocheting
11:30AM: Lunch
10AM: S.L.E.E.P. Class

THURSDAY 8/6

10AM: Bingo
11AM: Acrylic Paint Class*
11:30AM: Lunch
12PM: Chair Yoga

TUESDAY 8/11

9AM: Coffee
10AM: Crocheting
11:30AM: Lunch
10AM: S.L.E.E.P. Class
11AM: Wellness Tai Chi
12PM: Acrylic Paint Class*

THURSDAY 8/13

10AM: Bingo
11AM: Acrylic Paint Class*
11:30AM: Lunch
12PM: Chair Yoga

TUESDAY 8/18

9AM: Coffee
10AM: Crocheting
11:30AM: Lunch
10AM: S.L.E.E.P. Class
11AM: Wellness Tai Chi

THURSDAY 8/20

10AM: Diabetes Presentation
11AM: Acrylic Paint Class*
11:30AM: Lunch
12PM: Chair Yoga

TUESDAY 8/25

9AM: Coffee
10AM: Crocheting
11:30AM: Lunch
10AM: S.L.E.E.P. Class
11AM: Wellness Tai Chi

THURSDAY 8/27

10AM: Bingo
11AM: Acrylic Paint Class*
11:30AM: Lunch
12PM: Chair Yoga



UNION CHURCH

August 2026 Schedule

Key:

■: Connection Center

■: Cooper Hall

485 Columbus Ave., South End | 617-635-6835

CITY of BOSTON



UNION
COMBINED PARISH

AGE+

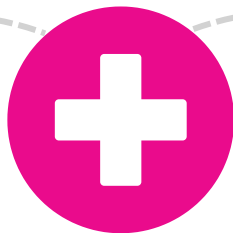
Age Strong
Commission

HR HEALTHY RIDES

FREE RIDES FOR BOSTON'S OLDER ADULTS TO...



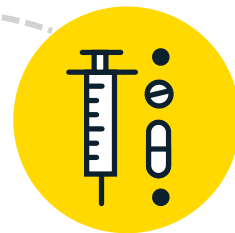
Exercise
Classes



Medical
Appointments



Community
Centers



Pharmacies

... and more!

ELIGIBILITY:

- 1 Must be 60+
- 2 Must be a City of Boston resident
- 3 Travel must be within City of Boston

BOOK YOUR RIDE:

- 1 Call the Age Strong Shuttle:
(617) 635-3000
 - 2 Either get your code to
use your own app
- OR**
- 3 Have the Shuttle book
your ride directly

BOSTON.GOV/HEALTHY-RIDES



CITY of **BOSTON**

